

2016 Johnson City Hiking Schedule for July, August and September
 Founded March of 1990 by Sam Lloyd

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Guests are welcome on all hikes, and at meetings. We request that newcomers select hikes within their capabilities; if in doubt, please contact hike leaders for more information about terrain. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety. Please bring rain gear, food, plenty of water, gas money, and appropriate clothing on all hikes. No beverages containing alcohol are allowed on the hikes or at the trailheads, if you are involved in activity with the club. We are an alcohol free activity. We request that no pets be brought on hikes. Persons interested in joining the Johnson City Hikers Club and receiving the schedule should contact Faye Guinn at 753-4072 or wegonehiking@embarqmail.com, OR THE SCHEDULE IS POSTED ON THE WEBSITE --- www.jchikers.weebly.com---**CHECK THE WEBSITE BEFORE EACK HIKE TO SEE IF THERE HAVE BEEN CHANGES TO THE HIKE.**

July-2	An in and out 6.8 mile moderate hike on the AT from Devils Creek Gap to No Business Knob Shelter. Leave Long John Silver's** at 8am. Leader Howard Guinn 423-753-4072 cell 423--741-7755
July-9	Strenuous 8 mile in and out hike on the western end of the Black Mtn Range. Starting from Cane River Gap on NC197, we climb the Big Butt Trail to the Wilson Ridge, then over Flat Spring Knob to the top of Big Butt, also known as Yeates Knob at 5920', the westernmost peak of the Blacks. We will continue on to Little Butt for lunch with a panoramic view of the eastern Black Mtn Crest. Over 2000' of climbing. One hour 15 minute drive. For those with an interest in visiting Asheville after the hike, our route back comes within 15 miles of it. Due to the elevation, if the weather looks questionable, this hike will be replaced with another: please check the club website front page Friday night for updates. Leave Long John Silver's** at 8am. If you would like to be met next to Pal's in Erwin at 8:20, contact leader Joel Zabel: 423-631-6385 .
July-16	Strenuous 13 mile hike on the AT from Sam's Gap to Big Bald and back. Form your carpools and leave Long John Silver's at 8am and meet the leader across from McDonalds***** in front of Pals in Erwin at 8:15. Leader Howard Guinn 423-753-4072 cell 423-753-4072
July-23	Smokies weekend with camping at Deep Creek CG: On Saturday , hikers will have a choice of going any distance between 8 and 17 miles on the Nolan Divide and Nolan Creek Trails (Nolan Crk is also part of the Benton Mackaye Trail). Sunday morning hikers can choose hikes of 7 to 10 miles on the Goldmine Loop, Lakeshore, White Oak Branch, and Forney Crk Trails. We'll visit the shore of Fontana Lake and walk through the 375 yard tunnel on the Lakeshore Trail. Contact leader Joel Zabel (423-631-6385) at least 5 days prior to arrange campsites and carpooling.
July-30	Strenuous 9.6 mile key swap hike between TN & NC over Big and Little Hump Mtns. One group will start on Big Creek Rd near Minneapolis, NC and climb an old forest road up Houston Ridge 2.3 miles to Hump Mtn, then follow the AT over Little Hump Mtn (lunch spot) to Yellow Mtn Gap. They will continue down the Overmountain Victory Trail to Hampton Creek Rd. 2300'+ of climbing. The other group will reverse the route and have 3100'+ of climbing. This will be a joint hike with the MAHC. Leave Long John Silver's** at 8:00 AM. If you would like to be met at Food City in Elizabethton at 8:20 or

	have questions, contact leader Joel Zabel 423-631-6385 .
Aug-6	Strenuous 10 mile hike in the Dennis Cove area. This loop hike will follow Coon Den Falls Trail to the AT to Lacy Trap Trail to Laurel Fork Trail. There are 2 nice waterfalls (Coon Den and Dennis Cove). There are 10 stream crossings in the last 3 miles; most CAN NOT be rock-hopped. Wear footwear you're OK with soaking for the entire hike OR carry an extra pair: wear your normal hiking shoes for the first 7 miles, then change into water shoes for the last 3 miles. It would be too time consuming to change shoes back and forth at each crossing, and it is NOT safe to cross in bare feet or Crocs. Leave Long John Silver's** at 8 AM. If you want to leave from Food City in Elizabethton at 8:20, contact the leader (Joel Zabel, 423-631-6385).
Aug-13	A 13.3 mile strenuous hike on the AT from Sam's Gap to Spivy Gap. Although there are beautiful vistas to enjoy on either end of this AT section (High Rocks on the northern end and open pastures on the southern end), the scenic high point is the grassy, open meadow of Big Bald which lies near the middle of this section. It is a superb example of the true "bald" of the southern Appalachians, with a magnificent panoramic view. Total climbing southbound is about 3500 feet and northbound is about 2900 feet. Bring plenty of water to stay hydrated. Combined hike with MAH Hiking Club. Leaders: Eric Middlemas, 423- 282-6987 & Joel Zabel, 423-631-6385. Depart Arby's and Long John Silver's** at 8:00 a.m.
Aug-20	Moderate 9 mile in & out hike on Roan Mtn. Starting at Carvers Gap, we follow the AT, the Cloudland Trail, a closed forest road, and several unnamed trails to have lunch at Foster's Roost: a secluded rocky outcrop high on the west side of Roan, with panoramic views not available elsewhere on the mountain. At this high elevation, we may find late season blackberries on the abundant bushes along our route. 1600' of climbing. Leave Long John Silver's** at 8am. If you would like to be met at Food City in Elizabethton at 8:20, call leader Joel Zabel at (423) 631-6385
Aug-27	A moderate 7 mile hike on the Shortoff trail in the Linville Gorge wilderness. This hike has great views of Lake James, Linville Gorge, Hawksbill and Table Rock mountains. If it's clear we will be able to see Hump mountain, and the profile of the Black Mountain Crest Trail. Travel time approximately two hours each way. Leave Long John Silver's** at 8:00 am. If you would like to meet at Food City in Elizabethton at 8:20 am. Any questions contact hike leader Jamie Wheeler 423.676.1767 .
Sept-3	Enjoy your Holiday Weekend---if we decide to put a hike here I will send an e-mail -Faye.
Sept-10	A 9.5 mile strenuous hike at Massey Gap in Grayson Highland State Park (VA), from Massey Gap to VA. 603[Fox Creek Trailhead]. It is only .5 mile to the AT on top of Wilburn Ridge. Heading south the trail is easy with open fields and rocky pinnacles, at least for the first one half mile. Then the route becomes steep uphill and down. Coming in from Fox Creek the trail has a gradual climb of 1520 feet to the crest of Pine Mountain. We also pass the site of the old cattle weighing station at Scales and Old Orchard Shelter. There is a good chance of seeing the wild ponies which freely roam this area. This is a combined hike

	with MAH Hiking Club. Drive: 90 miles (\$13) Leader: Roy Holcomb, 926-1313. Depart Arby's/ Long John Silver's** at 8:00 a.m.
Sept-17	Little Stony Creek Tr., Jefferson National Forest, at Dungannon, Va. is a moderate 6 mile in/out. This old RR spur seems much like the Smokies as it follows gushing, rushing Little Stony Cr. to 3 waterfalls. Leader: Marcia Pruner 27-889-5714. Leave Kroger's* at 8am.
Sept-24	A strenuous 13 to 18 mile Smokies hike to Mount LeConte. The hike will begin at Newfound Gap traveling north on the AT to the Boulevard Trail to Mount LeConte. Hikers will climb 2'100 to Mount LeConte and will descend 2'500 on the Alum Cave Trail, hikers choosing the optional hike will be descending 4'500. We will enjoy lunch and the panoramic views of Mount LeConte. After lunch we will continue to the Alum Cave Trail with the option of continuing down the Bull Head Trail to Old Sugarland's Trail. Travel distance is approximately 130 miles each way. We will drop off a vehicle at Alum Cave before starting at Newfound Gap. Contact the leader Jamie Wheeler at (423) 676-1767 in advance if you would like to stay overnight at Smokemont CG and hike on Sunday . Leave Jonesborough Post Office**** at 7:00 am.

*Kroger 112 Sunset Dr, JC, TN 37604-- Brown's Mill Road and North Roan—we meet at the side of the fuel pumps that is away from the store, sort of behind the Red Pig Barbecue place.

**Long John Silver's 1903 S. Roan Street, JC, TN 37601—after you pass LJS make a left and come to the back of that parking area.

***Meadowview Conference Center- 1901 Meadowview Parkway, Kingsport TN 37660, meets at entrance of parking lot closest to I-181

****Jonesborough Post Office at 121 Boone Street

***** McDonalds: 529 Jonesborough Rd, Erwin TN 37650, Erwin Linear Trail parking area directly across from McDonalds on N Industrial Rd/Willow Park Rd

Questions-----2732 Hwy 81-South-Jonesborough, Tenn. 37659---423-753-4072