

2015 Johnson City Hiking Schedule for July, August and September
 Founded March of 1990 by Sam Lloyd

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Guests are welcome on all hikes, and at meetings. We request that newcomers select hikes within their capabilities; if in doubt, please contact hike leaders for more information about terrain. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety. Please bring rain gear, food, plenty of water, gas money, and appropriate clothing on all hikes. No beverages containing alcohol are allowed on the hikes or at the trailheads, if you are involved in activity with the club. We are an alcohol free activity. We request that no pets be brought on hikes. Persons interested in joining the Johnson City Hikers Club and receiving the schedule should contact Faye Guinn at 753-4072 or wegonehiking@embarqmail.com, OR THE SCHEDULE IS POSTED ON THE WEBSITE --- www.jchikers.weebly.com---**CHECK THE WEBSITE BEFORE EACH HIKE TO SEE IF THERE HAVE BEEN CHANGES TO THE HIKE.**

July-4	No hike---Happy 4 th of July—enjoy your day--Faye
July-11	Very strenuous 10 mile or strenuous 5 to 8 mile hike in the Black Mtns of NC. The 10 mile hike will climb the Woody Ridge Trail to the Black Mtn Crest, take it south to Deep Gap, then head down the Colbert Ridge Trail. Many spectacular views, some from over 6000'. Over 3800' of climbing. A short 4 mile shuttle is required. Those seeking a shorter hike, but still with great views of Table Rock, Grandfather & Roan Mtns, can do an in & out hike on the Colbert Ridge Trail. Views start about 2 miles in. 2000'+ of climbing. NOTE: these hikes may be swapped for hikes later on the schedule if the weather forecast is questionable. Check the lower right corner of the club website homepage (jchikers.weebly.com) the Friday evening before for updates. Leave Long John Silver's at 8 am, or to be met by Pal's in Erwin at 8:20, call Joel Zabel at 423-631-6385.
July-18	10 mile moderate to 16 mile strenuous in & out hike in northwest Great Smoky Mtn Nat Park with an overnight camping option and Sunday 6 mile in & out hike to the Mt Sterling fire tower. Saturday we hike along beautiful Big Creek on its wide and gently graded trail, passing the Midnight Hole and Mouse Creek Falls. There are no creek crossings in the first 5 miles (1400' climbing), but hikers that want to continue on 3 more miles (adding 800' of climbing) on the Gunter Fork Trail to dramatic Gunter Fork Falls and Cascades will need to bring water shoes or hiking sandals: there are multiple creek crossings that can not be rock hopped. Those staying overnight will camp at Big Creek CG. For the Sunday hike, we drive to Mt Sterling Gap and hike up 2000' to the highest remaining true fire tower in the eastern US and its breathtaking views. If you plan to camp at Big Creek, contact leader Joel Zabel (423-631-6385). Leave Jonesborough Post Office at 8 AM.
July-25	AT: Spivey Gap to Nolichucky River (Joint Key Swap Hike w/ MAH hiking Club) Hike: 11.2 miles Rating: Strenuous : Drive: 37 miles (\$5) Heading north, the AT climbs steadily for 1.4 miles before reaching the gravel Flattop Mountain Road crossing. From this point the trail follows

	<p>the gentle contours of No Business Knob to Temple Hill. A highlight of this trail section is the spectacular views of the Nolichucky River that we encounter from Cliff Ridge. Overall climbing for the day is 2000' heading from south to north; 3500' heading north to south. Leader: Craig Haire, 423-737-0057; drdr.haire@charter.net. Leave Long John Silver's at 8am.</p>
Aug-1	<p>Strenuous 13 mile hike on the AT from Sam's Gap to Big Bald and back. Form your carpools and leave Long John Silver's at 8am and meet the leader in front of Pals in Erwin at 8:15. Leader Howard Guinn 423-753-4072.</p>
Aug-8	<p>An 8.8 mile in and out strenuous hike on the Blue Ridge Parkway from Douglas Falls to Craggy Gardens. It is a short easy hike to this 70 foot waterfall. After reaching it, the hike will continue up the mountain for another couple of miles to meet the Mountains to Sea Trail. Turning right on the MTS trail, this hike reaches Craggy Gardens with its mountaintop beauty in another 1.9 miles. This will be our lunch spot and our turn around point. Drive: 68 miles [\$10.00]. Leader: Roy Holcomb 423-926-1313 royholcomb@juno.com; .Leave Long John Silver's at 8am. This is a hike with MAH Club]</p>
Aug-15	<p>Strenuous 8 mile in & out hike from Horse Crk Rec. Area. We follow Horse Crk Rd/trail to an old trail & forest road, then bushwhack the last 350 yards to lunch at Miller's Mantle – a rocky prominence on the north side of Rich Mtn. It has wonderful views north & east. 2400' of climbing. NOTE: the first and last 1.75 miles of this hike require water shoes or hiking sandals – there are multiple creek crossings that can not usually be rock hopped. Leave the Jonesborough Post Office at 8 AM. Contact leader Joel Zabel (423-631-6385) with questions.</p>
Aug-22	<p>Wilson Creek Area; South Harper Falls and Hunt-Fish Falls Hike 5 to 7 moderate miles, Hike: Drive 58 miles[\$8.00] South Harper Falls is 200 feet tall [and called Wilson Falls by the Old-Timers Club] and the Wilson Creek area Janice says is a hikers dream. There is a side trail that goes out on the Falls; then we can go up a ridge to view them in full from above. Hunt-Fish Falls is another two miles in and out. Because of the creek crossings you should bring an old pair of shoes and a towel because you will get wet. We will stop for ice-cream on the drive home. Leave Long John Silver's at 8am. Leader Janice Miller 423-306-2050; this is a hike with MAH.</p>
Aug-29	<p>Shining Rock Wilderness, NC south of Asheville. About an 8 mile loop starting at Big East Fork on Difficult Old Butt Knob Tr which is a very challenging, steep climb (3000 ft) for about 3.5 miles but might feel like a 5 miler. Bring a protein/carb snack to eat at the trail head for energy. High bush blueberries should be ready and we will have a mile of those near top. Then we will go to our day's goal, the 6000 ft summit with granite boulders. Shining Rock Cr Tr will take us out = yes "all downhill!" We have not hiked these trails but this is the shortest way. Two hour drive each way. OPTION: Howard can lead an in/out on</p>

	Shining Rock Cr Tr to reduce the elevation change (notify leader); this group can decide on the distance they will travel up-stream, or can also go to the summit, the group doing the harder trail will be coming out this way, so this group will most likely hike until we meet the group coming down. Possible stop on the drive home to eat in Asheville if desired. Meet at Long John Silver's 8:00 am. Hike leader: Marcia Pruner 276-889-5714 Home; 276-614-5504 cell
Sept--5	Strenuous 10.5 mile hike between Flat Top Mtn and the Nolichucky River. We take the trail from Joe Lewis Fields to Lost Cove, then follow the trail west to the Nolichucky. We'll continue east along the railroad tracks around Cane Bottom and have lunch on the river bank. We reconnect to the trail back to Joe Lewis Fields via the trail from the Poplar, NC direction. We'll thus hike on all three main trails that provided access for Lost Cove residents with the outside world. There is over 2200' of climbing and 2.5 miles of hiking along this remote section of the Nolichucky and its railroad tracks. Leave Long John Silver's at 8 AM. If you wish to be met next to Pal's in Erwin at 8:20, contact leader Joel Zabel at <u>423-631-6385</u> .
Sept-12	It has been several years since this club has hiked to Looking Glass Rock. So it is a six mile moderate hike and is a very popular hike in the Pisgah area the other side of Asheville, so expect lots of company on the trail on a Saturday. It is about a 1.5 hour drive. After the hike we will stop for ice-cream before we start our drive home. Leave Long John Silver's at 8am. Leader Howard Guinn 423-753-4072 cell 423-753-4072
Sept-19	Moderate 7.9 mile hike on the A. T. from the Holston River on Va. #670 south of Marion, Va. to the National Recreation Center on Rt. 16. This hike is just north of the Mt. Rogers area. We will pass the Partnership Shelter. Leave at 8:00 @ Kroger's on Brownsville Rd in N. Johnson City. Hike Leader: Marcia Pruner <u>276-889-5714</u> .
Sept-26	A 10.8 mile strenuous in/out hike on the AT from Hwy 19E to Hump Mountain. Leave Long John Silver's, at 8:00 am. Anyone wishing to meet at Food City in Elizabethton at 8:15 will need to call the leader. Leader Howard Guinn 423-753-4072 cell 423-741-7755

*Kroger 112 Sunset Dr, JC, TN 37604-- Brown's Mill Road and North Roan—we meet at the upper end of their parking.

**Long John Silver's 1903 S. Roan Street, JC, TN 37601—after you pass LJS make a left and come to the back of that parking area.

***Meadowview Conference Center- 1901 Meadowview Parkway, Kingsport TN 37660, meets at entrance of parking lot closest to I-181

****Jonesborough Post Office at 121 Boone Street

***** McDonalds: 529 Jonesborough Rd, Erwin TN 37650, Erwin Linear Trail parking area directly across from McDonalds on N Industrial Rd/Willow Park Rd

Questions-----2732 Hwy 81-South-Jonesborough, Tenn. 37659---423-753-4072

